



Tiny Toes Natyalaya

Where tradition meets creativity

Instructor: Varshini Anand

Tanjore Bani and Kalakshetra Bani Scholar Disciple of Kanchana (Kanchipuram),
Jayashree (Sangeet Gurugriha), Kavya Muralidaran (Chennai)

Platform: Online (Zoom / Google Meet)

About Tiny Toes Natyalaya

Tiny Toes Natyalaya is a nurturing online dance school dedicated to introducing children and young adults to the classical art of Bharatanatyam in a joyful, age-appropriate environment.

Class Levels

- **Tiny Toes Juniors (Ages 4-6):** 30-minute sessions focused on storytelling.
- **Tiny Toes Kids (Ages 7-12):** 45-minute sessions for foundation adavus.
- **Tiny Toes Teens & Adults (Ages 13-25):** 60-minute technical training.
- **Tiny Toes Beyond Barriers:** Any age, any country, just passion to learn Bharatanatyam (60 minutes).

Examination Structure

- ◇ **Grades 1 to 8:** Conducted as one comprehensive paper including Practical, Viva-Voce, and Thirukkural.
- ◇ **Grades 9 and 10:** Conducted as two separate papers covering both Theory and Practical.
- ◇ **Schedule:** Two examinations are conducted every year (seasonal exams held once every 6 months).
- ◇ **Program Duration:** The enrollment for the program is 5 years.

Why Choose TinyToes?

- ✓ **Personalized Instruction:** Small group sizes for individual attention.
- ✓ **Cultural Connection:** Mythology-inspired storytelling and abhinaya.
- ✓ **Engagement:** Rewards and games to keep younger students motivated.
- ✓ **Progress Tracking:** Parent showcases and regular feedback sessions.

Weekly Class Format

1. Namaskaram & Warm-up
2. Step-by-step Adavu Training
3. Mudras, Facial Expression, and Story Elements
4. Rhythm Practice and Creative Games
5. Review & Recap

Syllabus Highlights (First 12 Weeks)

Weeks 1-4: Focus on Posture (Araimandi), Tatta Adavu, and Single-hand Mudras.

Weeks 5-8: Introduction to Natta Adavu, Tala (Rhythm) practice, and Abhinaya games.

Weeks 9-12: Learning a short choreography and performance preparation.

Join the Tiny Toes Journey

First demo class is FREE!

WhatsApp: +1 437-453-9541
Instagram: @TinyToesNatyalaya